



Report on Interactive Health Session with Doctors

An interactive session on Health was organised by Health and Sanitation Club under the aegis of IQAC, MDKG College in collaboration with Medi-Digest, MGM Hospital, Dibrugarh on 29-01-2026 at MDKG College. Resource Person Dr. Nitin Bhartia, Specialist in General Medicine & Gastroenterology from Medi-Digest, MGM Hospital, Dibrugarh conducted the Session. Ms. Nandita Gogoi Coordinator of Health Programme, ADABODE, Dibrugarh also highlighted the importance of the Programme.

*Highlights of the Session covered discussions on the following:

1. Managing digestive disorders and general health conditions.
2. Problems and precautions related to Acidity and gastritis, Back pain, Anemia and fatigue
3. General health and lifestyle concerns were also discussed by the Doctor.

Glimpses of the Programme





List of Participants

An INTERACTIVE HEALTH SESSION
 Date: 29/11/2022
 Venue: HPK & Ganga
 Time: 11 AM

* RESOURCE PERSON :- DR. NITIN KUMARIA
 (General Medicine & Public Health Dept. MGM Hospital, Dibrugarh) *Nitin Kumaria*

* HEALTH PROGRAMME CO-ORDINATOR :- NANDITA GOGOI
 (ADABOPE, Dibrugarh) *Nandita G.*

LECTURES :-

1. Nandita Gogoi
2. Jyoti Das
3. Rishi Kumar
4. Dr. N. Kumar
5. Dr. Pritika Das
6. Monika Gogoi
7. Dr. Anshu Mittal
8. Dr. Apurva Sharma
9. Rishika Das
10. Anshu Kumar
11. Dr. Anshu Kumar
12. Dr. Malini Banerjee

Name

1. Hemabree Sarma
2. Anshu Das
3. Sonika Begum
4. Jyoti Das
5. Rishika Das
6. Rishi Kumar
7. Manika Das (Economics dept)
8. Anshu Das (Economics Dept)
9. Anshu Kumar (Sociology)
10. Anshu Kumar (Sociology)
11. Anshu Kumar (Sociology)
12. Anshu Kumar (Political Science)
13. Anshu Kumar (Ecology)
14. Anshu Kumar (Assamese)
15. Anshu Kumar (Assamese)
16. Anshu Kumar (Political Science)
17. Anshu Kumar (Education)
18. Anshu Kumar (Sociology)
19. Anshu Kumar (Pol. Sci)

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1. Anshu Kumar (2nd Sem)
2. Anshu Kumar (2nd Sem)
3. Anshu Kumar (4th Sem)
4. Anshu Kumar (6th Sem)
5. Anshu Kumar (4th Sem)
6. Anshu Kumar (4th Sem)
7. Anshu Kumar (4th Sem)
8. Anshu Kumar (4th Sem)
9. Anshu Kumar (4th Sem)
10. Anshu Kumar (4th Sem)
11. Anshu Kumar (4th Sem)
12. Anshu Kumar (4th Sem)

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1. Anshu Kumar	4th sem	Education
2. Anshu Kumar	4th sem	Education
3. Anshu Kumar	4th sem	Education
4. Anshu Kumar	4th sem	Education
5. Anshu Kumar	4th sem	Education
6. Anshu Kumar	4th sem	English
7. Anshu Kumar	4th sem	Sociology
8. Anshu Kumar	4th sem	Study

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1. Anshu Kumar (Education)
2. Anshu Kumar (Assamese)
3. Anshu Kumar (Education) (4th sem)
4. Anshu Kumar (Political Science) (4th sem)
5. Anshu Kumar (Philosophy) (4th sem)
6. Anshu Kumar (Philosophy) (4th sem)
7. Anshu Kumar (Philosophy) (4th sem)
8. Anshu Kumar (Philosophy) (4th sem)
9. Anshu Kumar (Economics) (2nd sem)
10. Anshu Kumar (Economics) (2nd sem)
11. Anshu Kumar (Economics) (2nd sem)
12. Anshu Kumar (Economics) (2nd sem)

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1. Anshu Kumar
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14. Anshu Kumar



**Modified Health and Sanitization Club of
MDKG College**

- name _____ 09/1/22
1. Subanabi Meah (18th semester)
 2. Bandana Das (19th semester)
 3. Kushi Datta (18th semester)
 4. Anshu Chatterjee (18th semester)
 5. Aparna Khan (18th semester)
 6. Goutam Barua (18th semester)
 7. Rishi Sharma (18th semester)
 8. Anjali Das (18th semester)
 9. Chyandee Das (19th sem)
 10. Isha Das (18th sem)
 11. Sushila Das (18th sem)
 12. Anshu Barua (18th sem)

Coordinator Dr. Ashwini Machey
Member Dr. Jugesh Das
Mrs. Homali Nath Dowerah
Ms. Shrestimala Bharali
Ms. Monika Gogoi
Dr. Abhishta P. Gohain
Ms. Nangita Gogoi
Dr. Gitanjali Baruah

(Dr. Anup Jyoti Bharali)
Chairperson, IQAC

Chairperson
IQAC
MDKG College
Dibrugarh

(Dr. Ashwini Machey)
Coordinator, IQAC

Co-ordinator
IQAC
MDKG College
Dibrugarh