

# **A Interactive session on “Holistic Wellness: Grow and Glow for a Healthy Life”**

Organized by Department of Home Science, MDKG College

Date: 3<sup>rd</sup> September, 2022



## **DIAMOND JUBILEE YEAR**

### **2022-2023**

#### **MDKG COLLEGE, DIBRUGARH**

**Celebration of National Nutrition Week  
(1st September-7th September)  
2022**

**TOPIC: HOLISTIC WELLNESS: GROW AND GLOW  
FOR A HEALTHY LIFE**

**BY**

**Mrs. Nasifa Khatun  
Multiskilled Counselor  
AMCH, Dibrugarh**

**Organized by**

**Department of Home Science  
in  
Collaboration with IQAC  
MDKG College, Dibrugarh**

**3rd September, 2022**

**Time: 1 PM**

## Students present in the session

Page No. \_\_\_\_\_  
Date \_\_\_\_\_

celebration of National Nutrition Week (2022)

Topic: Holistic Wellness: "grow and glow for a Healthy life"

Date: 03/09/2022

Naama	Signature and date
1. Nishita Chelia	Nishita 03/09/22
2. Utkal Sult	Utkal 03/09/2022
3. Anusha	Anusha
4. Namashi Sharma	Namashi 03/09/2022
5. Shekhar Pradyumna	Shekhar 03.09.22
6. Sangeta Saikia	Sangeta 03/09/22
7. Malina Basumatary	Malina 03/09/2022
8. Anshika P. Bala	Anshika 03/09/22
9. Indrani Sen Gupta	Indrani 03/09/22
10. Dr. Mitali Banerjee	Mitali 03/09/22
11. Dr. Gitanjali Boruah	Gitanjali 03/09/22
12. Soha Saha	Soha 03/09/22
13. Ananya Barua	Ananya 03/09/22
14. Zameer Roushan Haque	Z. R. Haque 03/09/2022
15. An (Mrs) Aditya Saikia	Aditya 03/09/22
16. Dr. Harshita Pathak Saha	Harshita 03/09/22
17. Wasifa Sabir Ahmed (HS)	Wasifa 03/09/22
18. Nishita Gogoi (HS)	Nishita 03/09/22
19. Loni Datta (HS)	Loni 03/09/22
20. Dona Chongmai (HS)	Dona 03/09/22

Naama	Signature and date
21. Parvati Kumar Rajak (HS)	Parvati 03/09/22
22. Chanchal Kumari Rai (HS)	Chanchal Rai 03-09-22
23. Anjali Rao (HS)	Anjali 03/09/22
24. Anshika Das (HS)	Anshika 03/09/22
25. Nishita Chelia (HS)	Nishita Chelia - 03/09/22
26. Anisha Kumar Rajak (HS)	Anisha Kumar Rajak - 03/09/22
27. Ananya Choudhary (HS)	Ananya Choudhary 03/09/22
28. Shikha Mani Meek (HS)	Shikha Mani Meek 03/09/22
29. Ananya Baruah (HS)	Ananya Baruah 03/09/22
30. Anshika Kumar Rajak (HS)	Anshika Kumar Rajak 03/09/22
31. Anshika Kumar Sharma (HS)	Anshika Kumar Sharma 03/09/22
32. Ananya Das (HS)	Ananya Das 03-9-22
33. Anshika Chatterjee (HS)	Anshika Chatterjee 03/09/22
34. Anshika Mandal (HS)	Anshika Mandal 03/09/2022
35. Ananya Deb (HS)	Ananya Deb 03/09/22
36. Anshika Kumari (Philosophy)	Anshika Kumari 03/09/22
37. Anshika Sharma (Philosophy)	Anshika Sharma 03/09/22
38. Anshika Singh (Home Science)	Anshika Singh 03/09/22
39. Anshika Baruah (Education)	Anshika Baruah 03/09/22
40. Ananya Das (Home Science)	Ananya Das 03/09/22
41. Anshika Sharma (Philosophy)	Anshika Sharma 03/09/22
42. Ananya Padua (Home Science)	Ananya Padua 03/09/22
43. Anshika Das (Home Science)	Anshika Das 03/09/22
44. Anshika Gogoi (Home Science)	Anshika Gogoi 03/09/22
45. Anshika Khatun (Home Science)	Anshika Khatun 03/09/22
46. Anshika Das (Home Science)	Anshika Das 03/09/22
47. Anshika Gogoi (Home Science)	Anshika Gogoi 03/09/22
48. Anshika Khatun (Home Science)	Anshika Khatun 03/09/22
49. Anshika Das (Home Science)	Anshika Das 03/09/22
50. Anshika Phukan (Education)	Anshika Phukan 03/09/22
51. Anshika Handique (Education)	Anshika Handique 03/09/2022